

**PROCLAIM THE MONTH OF SEPTEMBER 2020 AS SUICIDE PREVENTION
AWARENESS MONTH IN THE COUNTY OF CALAVERAS**

WHEREAS, September is National Suicide Prevention Awareness Month, which helps promote awareness and resources around suicide prevention; and

WHEREAS, according to the Centers for Disease Control, suicide is the tenth leading cause of death overall in the United States, claiming the lives of more than 48,000 people in 2018, with approximately one death nearly every 11 minutes; and

WHEREAS, every death by suicide directly impacts family members, friends, loved ones, and by extension the entire community; and

WHEREAS, we must encourage relatives, friends, co-workers, and providers to recognize the signs of a problem and guide those in need to appropriate services and supports; and

WHEREAS, the Health and Human Services Agency (HHSA), Behavioral Health Services (BHS) is committed to raising awareness, providing education and training on suicide prevention and helping to reduce the stigma associated with suicide and attempted suicide; and

WHEREAS, BHS will conduct suicide prevention trainings in September using video conferencing technology that teaches participants how to help others at risk of suicide and how to talk about suicide while decreasing the risk of harm; and

WHEREAS, BHS has operated a warm-line to support the mental health needs of the community since the start of the COVID-19 Pandemic. This warm line can be reached Monday-Friday, 8:00 am to 5:00 pm at (209) 754- 6807 or (209) 754- 2805; and

WHEREAS, Crisis intervention services are available 24 hours a day, 7 days a week by calling 1-800-499-3030 or (209) 754-3239. The call will be connected to a crisis counselor who will assist with mental health needs or refer the call to a crisis worker in the community.

NOW, THEREFORE BE IT PROCLAIMED, the County of Calaveras Board of Supervisors proclaims the month of September 2020 as Suicide Prevention Awareness Month in the County of Calaveras and welcomes community members to take part in suicide prevention trainings and learn about local resources that pertain to suicide prevention.

PASSED AND ADOPTED by the Board of Supervisors of the County of Calaveras, State of California, this 8th day of September, 2020.